



Gift of Wellness Service Menu

Service	Length	Price	3 Sessions
Physical Therapy	30 mins	\$ 85.00	\$255
Physical Therapy	60 mins	\$ 140.00	\$420
Massage	30 mins	\$ 45.00	\$135
Massage	45 mins	\$ 55.00	\$165
Massage	60 mins	\$ 70.00	\$210
Massage	75 mins	\$ 80.00	\$240
Massage	90 mins	\$ 95.00	\$285
Personal Training	30 mins	\$ 33.00	\$99
Personal Training	45 mins	\$ 44.00	\$132
Personal Training	60 mins	\$ 55.00	\$165
Pilates	30 mins	\$ 33.00	\$99
Pilates	45 mins	\$ 44.00	\$132
Pilates	60 mins	\$ 55.00	\$165
Yoga	30 mins	\$ 33.00	\$99
Yoga	45 mins	\$ 44.00	\$132
Yoga	60 mins	\$ 55.00	\$165
Meditation	30 mins	\$ 33.00	\$99
Meditation	45 mins	\$ 44.00	\$132
Meditation	60 mins	\$ 55.00	\$165
Tennis	Private-30 mins	\$ 30.00	
Tennis	Private-60 mins	\$ 56.00	
Tennis	Semi-Private	\$ 30.00	
Tennis	6-30 min lessons	\$ 150.00	
Tennis	6-60 min lessons	\$ 280.00	
Tennis	Tiny Tots 4 pk	\$ 36.00	
Tennis	Mighty Rights 4 pk	\$ 36.00	
Tennis	Jr. Beginner 4 pk	\$ 58.00	
Tennis	Advanced Beginner 4 pk	\$ 58.00	

Gift certificates can only be redeemed once.
Gift certificates must be redeemed within six months of purchase
Gift certificates are only valid for the service & time specified.