



## The Levite Jewish Community Center: Group Fitness Instructor

Do you often encourage your friends to get out and get active? If fast-paced fitness is your life, apply to be a Group Fitness Instructor. Educate, motivate and have a blast, all while promoting healthy living and well-being. There is a class waiting for your encouraging voice and energetic personality.

The Levite JCC is searching for innovative and energetic fitness professionals. We are interested in individuals certified to teach group exercise classes (e.g., boot camp, cycle, yoga, Zumba, barre or other classes) and/or certified to perform personal training for clients.

### **LJCC Identity Statement**

Through the lens of Jewish identity and values, the Levite Jewish Community Center provides a welcoming, family-oriented gathering place for a diverse membership to engage in a meaningful experience of the mind, body and soul.

### **LJCC Vision Statement**

The Levite Jewish Community Center will be recognized as a model for member-centered, high quality Jewish programming, education and recreation. We will be known for superior facilities and visionary leadership through financial sustainability and community outreach.

### **LJCC Core Values**

We cultivate memorable life experiences and meaningful relationships  
We pursue collaboration within the Jewish and broader communities  
We empower individuals to learn and understand Jewish values  
We provide a welcoming and open environment  
We embrace and celebrate diversity  
We encourage wellness of the mind, body and soul  
We connect our community to the people of the State of Israel

### **General Position Summary**

#### **Duties & Responsibilities:**

- Provides excellent customer service by promptly responding to member needs and concerns
- Develops positive relationships with class participants by teaching a variety of challenging and entertaining group fitness classes
- Instructing clients using proper form and safe methods on a variety of equipment
- Educates class participants on correct form and alternate moves during the fitness routine
- Attentively listens to members, answers questions, and engages in conversation before and after classes
- Provides current music ensuring appropriate language

Levite Jewish Community Center | 3960 Montclair Road, Birmingham, AL 35213  
<https://bhamjcc.org/>



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- Availability to teach a minimum of 1-5 classes per week (classes are offered early mornings, midday, evenings, weekends, and holidays)
- Plan and prepare diligently before each class, including study of choreography and class planning prior to each class
- Lift hand weights, demonstrate full body push ups, and maintain high-energy for 30 to 60-minute class is required
- Enthusiastic, confident and outgoing personality
- Passion for fitness, wellness, and helping others
- Ability and desire to build client relationships through outstanding customer service
- Dependable with a strong work ethic - natural willingness to go above and beyond
- Confidence to energetically command a room or outdoor space of 12 or more people
- Musicality - ability to keep rhythm and count to beat of music
- Background in dance, fitness, or Les Mills (ideal but not required)
- Follow all Covid-19 rules and protocols
- Must be willing to teach outside.

### Job Conditions

Have flexibility to work different shifts. Maintain a clean cut and professional appearance. Some Holiday/Special event work may be required. This job is ideal for someone who is, Dependable, more reliable than spontaneous, People-oriented, and enjoys interacting with people and working on group projects.

#### Classes will be held during the below times

Monday/Thursday: 5:30 am - 8:00 pm

Friday: 5:30 am - 4:30 pm

Saturday/Sunday: 8:00 am - 4:00 pm

**Reports to:** Wellness Manager

**Rate:** TBD

### Minimum Qualifications

Education & Experience in Group Fitness:

High school diploma or GED

One-year fitness instructor work experience

### COVID-19 Precaution(s)

Personal protective equipment provided and required.

Social distancing guidelines in place.

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## The Levite Jewish Community Center: Group Fitness Instructor

Sanitizing, disinfecting, or cleaning procedures in place.

### Agency Information

The Levite Jewish Community Center prides itself on being a welcoming facility to people of all faiths, ages, genders, sexuality, and socioeconomic backgrounds. We are a family-oriented recreational and educational facility that is open to the entire community. As a recipient of United Way dollars, we impact more than 140,000 residents of the Birmingham community annually.

The LJCC is home to an 8000 sq. ft fitness center that includes the latest Life Fitness and Cybex cross-training machines. We also offer over 45 group fitness classes a week, personal training, a five-mile hiking and biking trail, and a large outdoor pool with a baby pool. Alongside our fitness offerings, we also boast a respected early childhood program, summer and year-round camps, and a wide range of other activities and programs. Everything from Jewish programming to aquatics classes are available at our beautiful facility, conveniently located on 70 wooded acres off Montclair Road.

At the LJCC “Community” is quite literally our middle name. We take pride in being an active partner of both the Birmingham Jewish community as well as the broader Birmingham community. We make it our responsibility to create, serve, and enhance the community through our mission each and every day. To learn more about how we create, serve, and enhance our community click below.

### Non-Discrimination Statement

The Levite Jewish Community Center does not discriminate against employees or clients on the basis of race, color, religion, gender, sexual orientation, national origin, age, disability, marital status, familial status or any other characteristic protected by Federal and State Law. A nondiscrimination clause concerning employment opportunity is incorporated in the Employee Policy and Procedure Manual. The LJCC will make reasonable accommodations in the compliance with the Americans and Disabilities Act of 1990. This job description may not be all-inclusive and employees are expected to perform all other duties as assigned and directed by management. Job descriptions will be reviewed periodically as duties and responsibilities change with business necessity. Essential and marginal job functions are subject to modification.