LJCC INDOOR POOL SCHEDULE (OCT-DEC 2024)

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY					
	Lane						Lane						Lane						Lane						Lane						Lane						Lane					
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5:00a	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool Opens at 8am on Saturday and Sunday											
5:30a																																										
6:00a																																										
6:30a																																										
7:00a																																										
7:30a	Lap Swim			Preschool Swim	Swim Lessons		VA Aqua Therapy		Lap Swim		Swim Lessons		Lap Swim			Preschool Swim	Swim Lessons		VA Aqua Therapy		Lap Swim		Swim Lessons		Lap Swim			Preschool Swim	Swim Lessons		Lap Swim				Swim Lessons	Lap Swim				Swim Lessons
8:00a																																										
8:30a							Lap Swim												Lap Swim			Preschool Swim																				
9:00a																																										
9:30a																																										
10:00a	Aqua Aerobics						VA Aqua Therapy												VA Aqua Therapy						Aqua Aerobics																	
10:30a																																										
11:00a	Lap Swim						Lap Swim												Lap Swim																							
11:30a																																										
12:00p																																										
12:30p	Lap Swim						VA Aqua Therapy						Lap Swim						VA Aqua Therapy		Lap Swim				Lap Swim																	
1:00p																																										
1:30p																																										
2:00p							VA Aqua Therapy												VA Aqua Therapy																							
2:30p																																										
3:00p																																										
3:30p																																										
4:00p	Swim Team			Swim Lessons			Swim Team			Swim Lessons			Swim Team			Swim Lessons			Swim Team			Swim Lessons																				
4:30p																																										
5:00p																																										
5:30p																																										
6:00p	Lap Swim				Swim Lessons		Lap Swim				Swim Lessons		Lap Swim				Swim Lessons		Lap Swim				Swim Lessons								Pool Closes at 6pm on Saturday and Sunday											
6:30p																																										
7:00p																																										
7:30p																																										
8:00p																																										